

PARTNER SEARCH

Funding Call or Programme	GENERAL CALL FOR PARTNERS FROM 'HOW TO THRIVE', PART OF HERTFORDSHIRE COUNTY COUNCIL (UK)
Proposal	<p>'How to Thrive' are experts in training the skills and habits for children and young people's mental and emotional wellbeing. We are part of Hertfordshire County Council. We would like to lead or be a partner in projects aiming to improve the mental health and emotional wellbeing of children and young people.</p> <p>We are interested in partnerships to share learning and to promote innovation. We are interested in new projects linked to research and evaluation. We would like to be a lead but would also be happy for a partner to lead. We would like to explore new project ideas with possible partners.</p> <p>Hertfordshire County Council is the government body for Hertfordshire. Hertfordshire is a county in the United Kingdom, located to the north of Greater London. The county has a population of 1.2 million, diverse industries and several large towns. We have areas of prosperity, but also many areas of deprivation.</p> <p>Hertfordshire County Council is responsible tackling problems faced by citizens. Public health is part of this - promoting good health and tackling problems as early as possible. The health and emotional wellbeing of children young people part of this.</p> <p>How to Thrive is a very important part of what Hertfordshire County Council does. Our flagship is the Penn Resilience Programme (PRP). This an evidenced way of teaching young people 'resilience'. Resilience means children and young people having the skills and strategies to overcome challenging situations and make the most of opportunities. The Penn Resilience Programme is proven to lead to lower levels of anxiety and depression among young people, and improve academic achievement. It can be taught in school lessons or in more informal education outside of school. How to Thrive work closely with the University of Pennsylvania (the developers of the PRP) and have developed a large and experienced team of trainers.</p> <p>We are interested in sharing the Penn Resilience Programme, learning from other programmes, or making comparisons. We are interested in developing new projects for children and young people using the Penn</p>

	<p>Resilience Programme.</p> <p>We are committed to making partnerships across Europe, and want to hear from anyone with interest in working with us as soon as possible. How to Thrive is an excellent partner to work with. We have a track record of highly successful, innovative projects through partnerships. We have the resources and expertise to make partnerships benefitting everyone involved.</p> <p>Please see our websites for general information on How to Thrive and Hertfordshire County Council:</p> <p>www.howtothrive.org www.hertsdirect.org</p> <p>Please see below for our contact details.</p>
<p>Aims, Objectives, and expected results</p>	<p>Aims and Objectives. A partnership with How to Thrive would aim to:</p> <ul style="list-style-type: none">• Allow Partners to share good practice and learning on the Penn Resilience Programme and other educational methods to improve the mental health and wellbeing of children and young people.• Develop new projects leading to improvements in mental health and wellbeing for children and young people, or improving existing ones.• Develop or improve staff training.• Develop research and evaluation showing successful methods to improve mental health and wellbeing for children and young people.• Influence policy and allocation of resources by highlighting the importance of good mental health and wellbeing for children and young people. <p>Results:</p>

	<p>For professionals (including teachers):</p> <ul style="list-style-type: none"> • Professionals aware of the effects of mental health and wellbeing on long-term outcomes for children and young people. • Professionals aware of methods to improve the mental health and wellbeing of children and young people. • Professionals trained to deliver and teach the skills and habits for improving mental health and wellbeing of children and young people. • Policy makers aware of the importance of allocating resources towards the mental health and wellbeing for children and young people, and the long-term benefits of this. <p>For children and young people:</p> <ul style="list-style-type: none"> • Children and young people develop self efficacy by having the skills to cope with situations that can be challenging and impact their mental health and emotional wellbeing. • Children and young people develop habits they can take with them into adulthood. • Significantly lower numbers of children and young people developing anxiety or depression, or experiencing poor general emotional wellbeing. • Significantly higher numbers of children and young people showing improved mental fitness to succeed in education, and doing so. • Children and young people showing long-term improvements in mental health and wellbeing.
Lead Partner	We would like to lead but would also be happy for a partner to lead.
Which kind of partners are sought	<ul style="list-style-type: none"> • Local or regional government departments working with children and young people. • Other organisations, businesses or charities working with children and young people. • Education or training providers, including school or college consortia.
Deadline for receiving responses	31 st March 2014

Who to contact for further information	Graham Fitzgerald Service Development Assistant Manager Services for Children and Young People, Postal Point SFAR143 Hertfordshire County Council, Farnham House, Six Hills Way, Stevenage, SG1 2FU Email: graham.fitzgerald@hertfordshire.gov.uk Tel: +44 01438 843437
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